

*State of Missouri*

## *Governor's Proclamation*

**WHEREAS**, chiropractors are physician-level providers who focus on the whole person in their conservative approach to pain management and health promotion, and who have special expertise in the prevention, care, and rehabilitation of musculoskeletal conditions and injuries; and

**WHEREAS**, more than one in two adults in the United State, or about 124 million people each year, report experiencing a musculoskeletal condition; and

**WHEREAS**, 52 percent of people living with musculoskeletal disorders say that it interferes with their activities of daily living, including their ability to work. Low-back pain alone contributes to 264 million lost work days each year; and

**WHEREAS**, the direct and indirect costs of musculoskeletal conditions, which is estimated to be \$200 billion annually in the United States, puts a tremendous burden on society; and

**WHEREAS**, low-back pain is one of the most common musculoskeletal conditions for which opioids are prescribed, putting patients at increased risk of overuse and addiction; and

**WHEREAS**, chiropractic care is widely recognized as one of the safest non-drug, noninvasive therapies available for the treatment of low-back pain and other musculoskeletal complaints; and

**WHEREAS**, The American College of Physicians low-back pain treatment guidelines released in 2017 promote the use of noninvasive, nondrug approaches such as spinal manipulation as a first line of defense against back pain, and groups such as the CDC and the Joint Commission also promote the use of nonpharmacologic approaches for pain management; and

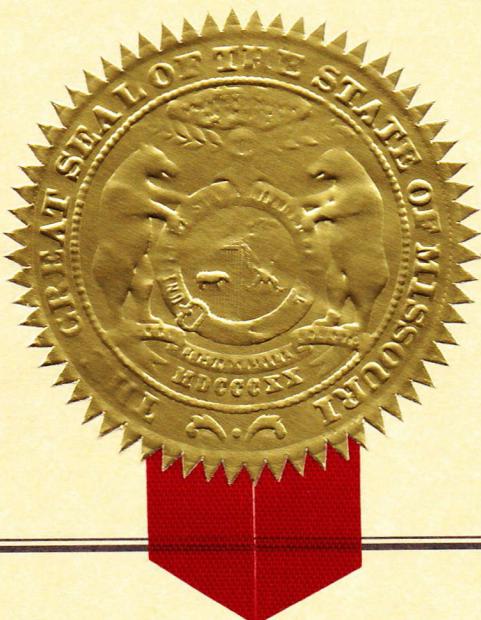
**WHEREAS**, noninvasive, non-drug treatments for musculoskeletal conditions such as spinal manipulation and other chiropractic services combined with an active lifestyle, good nutrition, healthy habits, and proper ergonomics can protect and enhance musculoskeletal health over a lifetime.

**NOW THEREFORE**, I, Michael L. Parson, GOVERNOR OF THE STATE OF MISSOURI, do hereby proclaim October 2019, to be

### **NATIONAL CHIROPRACTIC HEALTH MONTH**

in Missouri and encourage all Missourians as part of the "Strength. Stability. Success." campaign to take steps toward better musculoskeletal health.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Missouri, in the City of Jefferson, this 16<sup>th</sup> day of September, 2019.



*Michael L. Parson*  
GOVERNOR

ATTEST:

SECRETARY OF STATE